

BeWell by CCA

# Work-Life Support

## Real Support For Real Life

Life doesn't pause for work. Employees juggle kids, aging parents, financial stress, and everyday challenges, all while trying to perform on the job - that's where your EAP Work-Life team comes in.

### How It Works

Your EAP Work-Life team connects you with vetted resources for legal, financial, and daily living needs, typically within two business days.

### What To Expect

- ✓ **Hands-On Support:** Our specialists do the legwork and follow up to make sure your needs are met.
- ✓ **Easy Access:** Request support anytime through the BeWell platform or by phone, with quick turnaround.
- ✓ **Local + Personalized:** Get resources and referrals tailored to your community and your family's needs.

### What It Includes



#### Daily Living

From housing and basic needs to pet care and relocation support, we make everyday problems manageable.



#### Childcare

Support from fertility to adoption, education to special needs resources, we help families thrive at every stage.



#### Eldercare & Adult Care

Guidance for older adults, dependent adults, and caregivers, including in-home care, benefits, and end-of-life.



#### Financial and Legal

Expert consultations to tackle budgeting, debt, retirement, taxes, custody, or civil concerns.



#### Wellness

Resources for physical, emotional, and mental wellbeing, including nutrition, stress management, and self-care.



### Get Support

Access Line: (855) 287-3466

BeWell by CCA [myeap.io/go/sf-sPCA](https://myeap.io/go/sf-sPCA)

