



How does an LSA work?

It's an account funded only by your employer. You can use the funds to reimburse yourself for eligible wellbeing expenses during a plan year.

View account

Access your account
24/7 at

[WEX](#)

Submit expenses

Snap a photo of your receipt
and submit a claim for
reimbursement.

Review eligible expenses

View the list of standard
covered expenses for your
LSA reimbursement.

What could your LSA cover?

- Athletic equipment and accessories
- Exercise equipment
- Gym, health club, spa and fitness studio memberships
- Fitness classes (yoga, Pilates, spin/ cycle, dance, etc.)
- Lessons (golf, swimming, tennis, dance, etc.)
- Personal trainer
- Fitness trackers
- Life coaching (non-clinical)
- Sleep improvement programs or apps
- Cooking classes (healthy cooking focus)
- Grocery delivery fees
- Hydration tracking devices
- Credit counseling
- Estate planning (basic services)
- Tax preparation services
- Childcare (backup care, babysitting)
- Day camps and activity programs for children
- House cleaning services
- Laundry services
- Home organization services
- Time-saving services (errands, task services)
- Ergonomic furniture (office chairs, standing desks)
- Noise-canceling headphones
- Musical instruments and lessons
- Art supplies
- Photography equipment
- Gardening supplies
- DIY and craft kits
- Bike purchases and maintenance
- E-scooters or micromobility devices
- Recreational activities (rock climbing, dance classes, etc.)
- Entry fees (marathons, leagues, etc.)
- Passes (ski, snowboard, golf, swimming, etc.)
- Athletic Apparel
- Tennis shoes
- Wearable
- Watch (like Apple Watch)
- Personal grooming (mani, pedi, facials, and haircuts)
- Healthy meals subscriptions
- DoorDash subscription
- Movies
- Concerts
- Streaming Services
- Student loan reimbursement
- Home purchase expense reimbursement (closing costs, etc.)
- Financial adviser and planning services
- Financial seminars and classes
- Identity theft services
- Mobile phones, Wi-Fi, utilities
- Travel expenses – plane ticket, hotel rooms, Airbnb, etc.
- Uber, Lyft, Waymo, Cab expenses
- Meditation classes
- Retreats (leadership, spiritual, etc.)
- Annual Park passes
- Petcare (walkers, day care, grooming, pet food, supplies, training, etc.)
- Pet insurance premiums
- Camping (equipment fees, etc.)
- Personal development classes (art, cooking, etc.)
- Parenting classes
- Birdwatching Equipment
- Non-Prescription Blue Light Glasses
- Office Accessories (lightening, monitor stands)
- Pet Adoption Fees
- Veterinary Care
- Gardening (including pollinator-friendly plants)
- Self-help books, Audible subscriptions