



Caregiving Support Services

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Caregiving Support Services

Personalized support to help with caring for a loved one or yourself

What is my caregiving support services benefit?

The Guardian + Wellthy caregiving support program is included with the disability benefit provided by your employer. The program gives you access to self-service tools, resources, and dedicated support to help you manage caregiving responsibilities for you and your family.

What does it include?

- 
Care coordination: Dedicated, hands-on support from specialists who get to know you and help tackle your to-dos
- 
Care planning: Comprehensive care planning tools and resources in one centralized, accessible place
- 
Wellthy Community: Peer-to-peer space where family caregivers can find support and exchange knowledge



Caregiving services for every stage of life

Access to self-serve tools, resources, and dedicated support to help manage your caregiving responsibilities



Aging

- Finding an in-home aide or organizing a move into a facility
- Recommending local socialization programs
- Setting up in-home modifications, meal delivery, and transportation
- Helping a family find legal resources
- Help navigating Medicare, Medicaid, Social Security and Veterans' benefits



Special needs

- Managing and sourcing aides and therapists
- Help navigating state and employer-sponsored benefits and coverage
- Assisting with school decisions and transitions of care
- Tracking down insurance approvals



Health conditions

- Finding providers, scheduling appointments, contesting insurance bills
- Help navigating alternative treatment, clinical trials, and top research centers
- Handling the transfer of medical records and tracking down referrals
- Sourcing support groups and therapists



Financial hardship

- Sourcing providers who work on a sliding scale (for those uninsured or underinsured)
- Helping obtain third-party prescription/ copay coverage
- Advocating on appeals, bills, and financial aid applications
- Help vetting affordable housing options
- Finding community-based resources/programs



Veterans support

- Helping veterans and caregivers gain access to benefits and providers
- Navigating benefits and coverage offered through the VA and privately
- Helping with a veteran's financial benefit application
- Finding emotional support programs
- Smoothing the transition from the military to private citizenship



Mental health

- Finding a provider or in-patient/outpatient program
- Navigating in-network and out-of-network options
- Exploring alternative therapy options
- Ongoing check-ins and support



End of life and loss

- Sharing resources for end-of-life planning (i.e. wills, estate attorneys, etc.)
- Finding and vetting end-of-life comfort care
- Help navigate the first steps after loss
- Identifying/resolving outstanding bills and claims, navigating survivor benefits
- Finding grief support



Childcare and teen support

- Finding a nanny, daycare, camp, etc.
- Referring third-party back-up options
- Sourcing academic and tutoring support
- Evaluating post-high school options
- Finding LGBTQ+ providers and support
- Evaluating options for special needs education
- Finding health/wellness support (i.e. substance use, stress, eating disorders, sexual health)

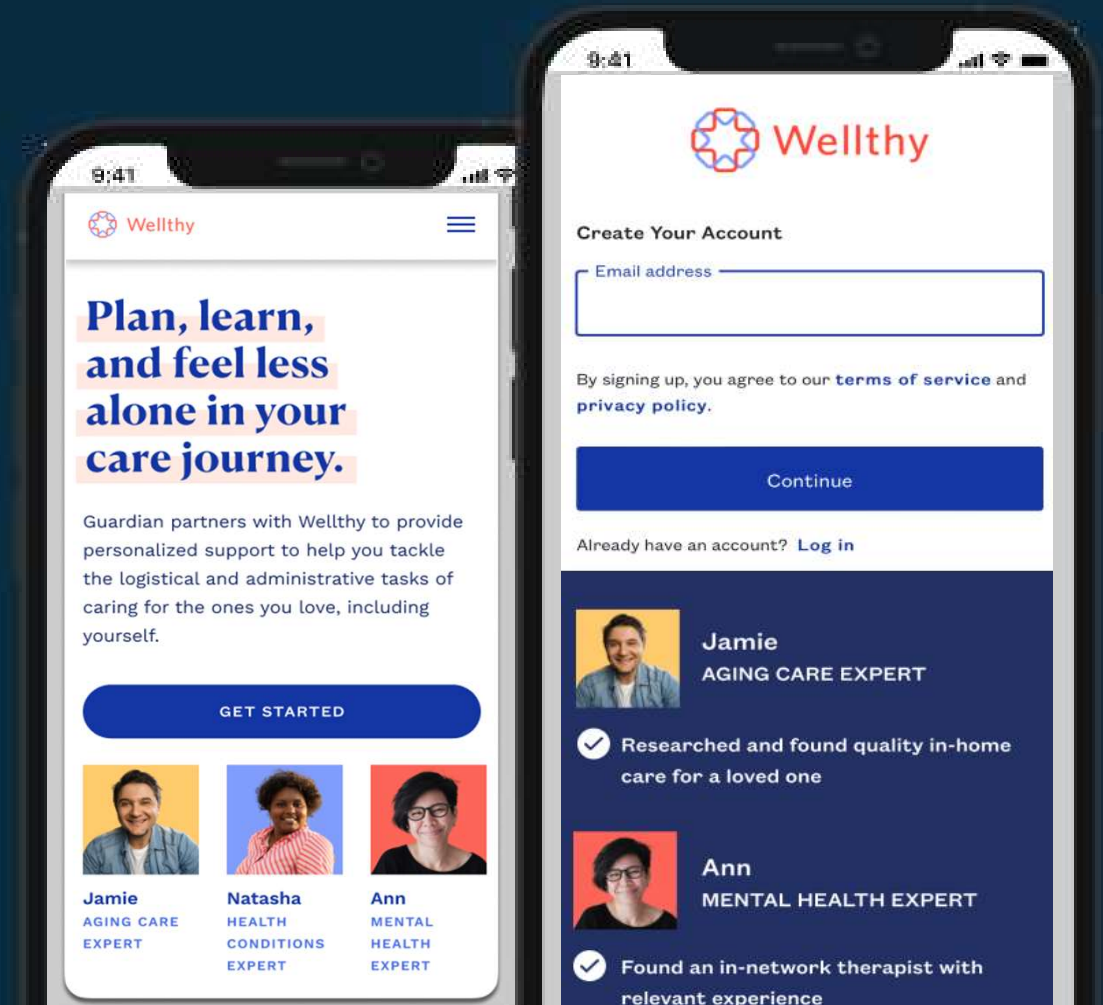


How to get started

Access your benefits

Visit guardianwell.com to learn more about the caregiving support services available to you and get started today.

First time users will need to register.



Enrollment | [Client Name]