

Choosing a Primary Care Physician

Sutter Health Plan



When it comes to choosing a primary care physician (PCP), it's all about finding the right fit. When you enroll, you and your covered dependents will select a PCP who will manage your care to help keep you healthy. So, take the time to find a PCP you feel comfortable with and trust as your healthcare partner — it can make all the difference in your wellness journey.

TYPES OF PCPs



Family Medicine

Provides primary care for newborns to geriatrics, and treats a wide variety of conditions.



Internal Medicine

Provides primary care for adults age 18 and older and specializes in diagnosing, treating, and preventing disease in adults.



Pediatrics

Provides primary care for children up to age 18 and specializes in a wide range of childhood medical conditions.



OB/GYN

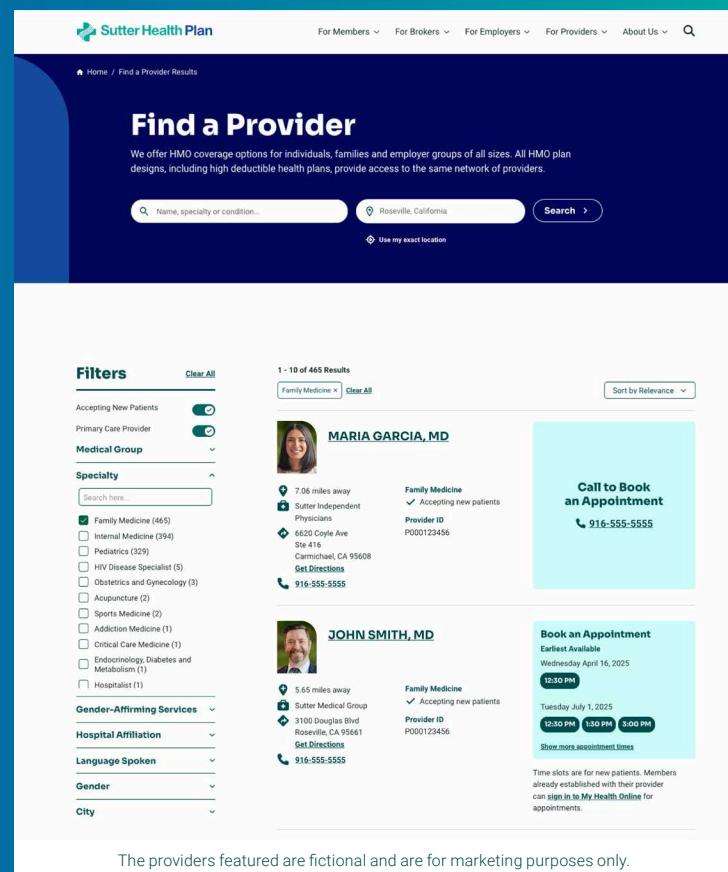
Provides gynecological and obstetric healthcare services; some may also provide primary care.

Finding your PCP

- ✓ Go to sutterhealthplan.org/find-provider.
- ✓ Enter the name of a provider, specialty or condition and enter an address, city or ZIP code of the area you would like to search.
- ✓ Click the “Search” button.
- ✓ Once your results populate use the filters on the left hand side to further narrow your search results.
- ✓ Click “Accepting New Patients”.
- ✓ When you enroll, you need to include your PCP’s first name, last name and their Sutter Health Plan Provider ID.

Book an Appointment*

Finding care just got easier — members can view the earliest available appointments and book primary care visits directly from the provider’s profile. Getting the care you need has never been more convenient!



The screenshot shows the 'Find a Provider' page on the Sutter Health Plan website. At the top, there are navigation links for 'For Members', 'For Brokers', 'For Employers', 'For Providers', and 'About Us'. Below the navigation is a search bar with the placeholder 'Name, specialty or condition...' and a dropdown for 'Roseville, California'. A 'Search' button and a 'Use my exact location' checkbox are also present. The main content area displays search results for 'Family Medicine' providers. The first result is for 'MARIA GARCIA, MD', a Family Medicine provider accepting new patients, located 7.06 miles away in Carmichael, CA. The second result is for 'JOHN SMITH, MD', also a Family Medicine provider accepting new patients, located 5.65 miles away in Roseville, CA. Both profiles include a 'Call to Book an Appointment' button and a phone number (916-555-5555). A note at the bottom states: 'The providers featured are fictional and are for marketing purposes only.'

Already a Sutter Health patient?

If you are established with a PCP in the Sutter Health Plan network, you do not need to select a new one, even if their practice is closed to new patients. All you need to do is include the Sutter Health Plan Provider ID, which you can find on the Find a Provider tool or in the provider directory, and confirm you are an existing patient when you complete your enrollment.

Understanding your PCP and medical group

When you choose a PCP, you are also selecting their medical group and care team. Your PCP will refer you to specialty care, X-rays, lab work, and other services as needed. Many covered services, including specialist visits, require referrals or prior authorizations. If you need specialty care and have a specific specialist in mind, check the provider directory to see what medical group the specialist is in and be sure you choose a PCP within that medical group. Sometimes, a specialist outside your medical group in the Sutter Health Plan network may also be available by referral.

Changing your PCP

Once enrolled, you can change your PCP at any time through the Sutter Health Plan Member Portal at shplan.org/memberportal or by calling Customer Service at **855-315-5800**.

*The Book an Appointment feature is available for select Sutter Health PCPs accepting new patients; availability may vary by provider.

